

GROWING

to serve you better

Rouge Valley's capital projects address changing community needs

Staff, physicians and an expert team of planners and building consultants are putting the final touches to documents to be submitted to the Ministry of Health and Long Term Care for two projects at Rouge Valley—the Redevelopment Project at Rouge Valley Ajax and Pickering hospital and the Family Birthing Centre at Rouge Valley Centenary.

Both of these projects are focused on creating the type of facilities that patients and families in east Toronto and west Durham need and deserve.

At Rouge Valley Ajax and Pickering hospital the \$59.1 million Redevelopment Project will result in

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Above: The proposed East Entrance to the Rouge Valley Ajax and Pickering hospital has been specially designed to allow wheelchair and disabled access to the main floor and lower level clinical services.



Left: The Family Birthing Centre at Rouge Valley Centenary will be a brand new wing containing state-of-the-art Labour, Delivery, Recovery and Post-partum rooms, as well as an Advanced Level II Neonatal Intensive Care Unit to support our role as the Regional Perinatal and Paediatric Centre for the eastern GTA.

Rouge Valley Centenary

Family Birthing Centre

We know that having easy access to their newborns, and being able to take an active role in their care from the beginning, is important to new families.

Our plans for the construction of a new Family Birthing Centre at Rouge Valley Centenary will provide expectant families with a comfortable, home-like environment for low-risk, uncomplicated births, while providing all the equipment and expertise needed to handle more complicated high-risk deliveries.

The Family Birthing Centre will include:

- **16 Labour, Delivery, Recovery and Postpartum (LDRP) rooms**, each designed as a home-like bedroom with hardwood floors, fitted wood cupboards, attractive decorating, soft lighting, and a comfortable armchair or couch. High-tech medical equipment such as monitors and baby warmers will be concealed in the cupboards and other furniture. The bed will convert into a state-of-the-art delivery table. In the private washroom a whirlpool tub will be available as an alternative form of pain management. Water therapy is an ideal way to keep muscles relaxed so that the baby's head descends fully to the cervix prior to delivery. The chair or couch will convert, to allow the father to stay comfortably in the room overnight. There will be seating for up to five people, to ensure that family and friends feel welcome.
- **21 additional post-partum beds** for use by mothers who need to stay longer than 60 hours after giving birth, or when the LDRP rooms are needed for deliveries. The rooms containing these post-partum beds will be comfortable, homelike spaces, where mothers and babies will be cared for together by the



Architect's rendering showing the proposed courtyard adjacent to the Family Birthing Centre.

same health care team. These rooms also provide space for family members to stay overnight. Visiting hours are unlimited.

- **A brand new Advanced Level II Neonatal Intensive Care Unit**, built adjacent to modern, state-of-the-art operative birthing rooms. The NICU will contain two isolation rooms and a series of pods accommodating from two to six infants and enough extra space to house a host of critical care equipment such as ventilators and cardio/respiratory monitors. The additional space will also give families more privacy.
- **Four private care-by-parent rooms** for parents to look after babies who may be admitted for prolonged periods. Located in the NICU, these rooms offer an opportunity for parents to learn how to care for infants who may be premature or suffer from any number of conditions that require specialized attention. NICU staff will be able to work much more closely with parents, offering a reassuring educational com-

ponent that will give new parents the confidence to care for their babies.

- **A Family Lounge** with comfortable chairs and couches, a children's play area, a telephone and Internet access. This will be an area for families to relax while awaiting the birth of a baby, or when visiting the mother and baby after birth. The lounge will also offer a small library of educational material, to help families feel a part of the birthing and baby care process.
- **Two overnight hostel rooms** for mothers and families who have been discharged before their babies are ready to go home.

Rouge Valley Ajax and Pickering

Redevelopment Project

The challenges of providing excellent healthcare for the rapidly-growing and aging communities of west Durham have made the redevelopment of Rouge Valley Ajax and Pickering hospital a necessity. At present, our hospital is undersized to care for the population in our catchment area—for instance, our Emergency department staff and physicians now care for 42,000 patients a year in a space designed for 20,000.

Meeting the growing needs of our community is a top priority, and our redevelopment plans will include:

- **A brand new Emergency department** will provide space for an anticipated 60,000 patient visits a year. A special area to treat patients who may have come in contact with dangerous chemicals is also part of the design. This area will serve to support the Pickering Nuclear Power Plant as well. Ambulances will access the Emergency Department via a new road and through a new 4-bay garage/ entrance.
- **A renovated and better designed Diagnostic Imaging and Cardiac Diagnostic area** will improve access and provide more privacy for patients and their families. Major donations from the Auxiliary to Rouge Valley Ajax and Pickering and Ontario Power Generation have already enabled the hospital to purchase a new CT Scanner (which has recently been upgraded with federal funds) and equip a Nuclear Medicine Suite. Additional equipment will be installed in the new space and cardiac education will be enhanced.
- **An expanded Mental Health unit** will accommodate nine more beds within the adult inpatient area, including seven beds for psychiatric intensive care, and



Seen from the north west, this proposed wing will house the new Emergency department and 30-bed Complex Continuing Care Unit.

- services will be expanded for outpatients including day treatment, day hospital, crisis assessment and consultation services.
 - **A new 30-bed Complex Continuing Care Unit** will allow the hospital to care for patients who are transitioning from acute hospital care to long term care or home care.
 - **A renovated Ambulatory Care Unit** will provide space for expanded outpatient clinic visits, outpatient procedures, medical day care and pre-admit visits. In addition, a new Fracture Clinic will be constructed adjacent to the Diagnostic Imaging and Emergency departments.
 - **A new Laboratory** will be built in renovated space and services will continue to be provided for inpatients and outpatients.
 - **A new Cafeteria** will be built on the ground level to allow easy access for patients, staff and visitors.
 - **The new East Entrance** will house a new Auxillary Gift Shop, a Volunteer Information Desk, a redesigned admitting department and the senior administrative offices. Public washrooms will ensure barrier-free accessibility and facilities for new mothers.
 - **The new West Entrance** will house a new main security department, a Volunteer Information Desk, barrier free washrooms and facilities for new moms.
- In addition to these additions and renovations, RVAP will finally see the creation of proper loading docks to receive food, linen, supplies and couriers. Large trucks will have a dedicated space to ensure adequate separation from public parking facilities. This area will also warm the food trays for distribution to our inpatients.
- Two other areas originally included in the project have already been completed—our Inpatient Rehabilitation and Pharmacy renovation and expansion.

