



# Rouge Valley Health System Foundation Anniversary Bed Race Event

**At the Scarborough Town Centre  
May 25, 2012**

Dear Participant:

Thank you for participating in the Bed Race Event supporting Rouge Valley Health System Foundation's Buy a Bed campaign. Your pledges will allow for the hospital to replace much needed beds at Centenary hospital. We hope you have fun at the event!

## ***Instructions for participants:***

- 1. You must be **18 years** of age or older to participate*
- 2. Hospital "race" beds will be provided. Each team will have four members pushing the bed and a fifth member to ride on the bed. You can have multiple team members acting as cheerleaders, pit crew etc.*
- 3. Corporate uniform and safety headgear are highly encouraged.*
- 4. Race route runs between Triton Road and Progress Avenue along Borough Drive (400 metre course) at the Scarborough Town Centre*
- 4. A registration fee of **\$100.00** per team is required. Each team member will collect pledges in order to participate. A minimum of **\$1,000.00** raised per team is suggested.*
- 5. Cheques payable to Rouge Valley Health System Foundation and all major credit cards are accepted. Online registration and donations are secure at [www.buyabed.ca](http://www.buyabed.ca).*
- 6. Contributions of \$20 or more will receive a charitable tax receipt. The RVHS Foundation must receive completed pledge forms in order to issue tax receipts.*
- 7. You may photocopy the pledge form or download from the Foundation's campaign website [www.buyabed.ca](http://www.buyabed.ca). Keep a copy of your pledge forms for your own records*
- 8. Participants must be registered by **11:00 AM** on race day. Race heats commence at **11:30 AM**. Each team will compete in at least one heat. The winners will compete in the Final.*
- 9. Release and Waiver of Liability must be signed and submitted by race day **May 25, 2012***

**Registering and fundraising is now available online at [www.buyabed.ca](http://www.buyabed.ca)**



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**At the Scarborough Town Centre  
May 25, 2012  
11:00AM to 2:00 PM**

## BED RACE ENTRY FORM

Fill out this form or register online at [www.buyabed.ca](http://www.buyabed.ca)

**Registration Fee: \$100 due before Friday May 25<sup>th</sup>, 11:00 a.m.**

In consideration of your accepting our entry, we have read and signed the attached waiver and we also agree to the Rules and Regulations issued by Rouge Valley Health System Foundation

**TEAM NAME:** \_\_\_\_\_

**TEAM CONTACT:** \_\_\_\_\_ **EMAIL:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_

**BED PUSHER NAMES (Print)**

**(Signatures)**

1. \_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

3. \_\_\_\_\_

\_\_\_\_\_

4. \_\_\_\_\_

\_\_\_\_\_

5. \_\_\_\_\_

\_\_\_\_\_

(Rider Name - Helmet must be worn and must be over 18 years of age)

**ENTRY DEADLINE:** Before Wednesday, May 23rd, 4 p.m.

**Complete this form and deliver with payment to:**

Rouge Valley Health System Foundation  
2867 Ellesmere Road  
Scarborough, ON M1E 4B9

**Contact with Questions:**

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